



MON		TUE		WED		THU		FRI	SAT
		11:00 – 12:30 pm Brazilian Jiu Jitsu All Levels Ages 13 & up				11:00 – 12:30 pm Brazilian Jiu Jitsu All Levels Ages 13 & up			9:30 – 10:30 am Little Dragons/Little Ninjas Ages 3 to 5
3:30 – 4:30 pm TKD Juniors All Belt Levels Ages 6 to 17		3:30 – 4:30 pm TKD Juniors All Belt Levels Ages 6 to 17		3:30 – 4:30 pm TKD Juniors All Belt Levels Ages 6 to 17		3:30 – 4:30 pm TKD Juniors All Belt Levels Ages 6 to 17			10:30 – 11:30 am TKD Juniors All Belt Levels Ages 6 to 17
4:30 – 5:30 pm Little Dragons Ages 3 to 5	4:30 – 5:30 pm TKD Juniors Blue, Red & Black Ages 6 to 17	4:30 – 5:30 pm Little Dragons Ages 3 to 5	4:30 – 5:30 pm Little Ninjas Ages 3 to 5	4:30 – 5:30 pm Little Dragons Ages 3 to 5	4:30 – 5:30 pm Little Ninjas Ages 3 to 5	4:30 – 5:30 pm Little Dragons Ages 3 to 5	4:30 – 5:30 pm Little Ninjas Ages 3 to 5	5:00 – 6:00 pm TKD Juniors All Belt Levels Ages 6 to 17	11:30 – 12:30 pm Black Belt Club
5:30 – 6:30 pm Little Ninjas Ages 3 to 5	5:30 – 6:30 pm TKD Juniors White, Yellow & Green Ages 6 to 17	5:30 – 6:30 pm Black Belt Club Junior Team		5:30 – 6:30 pm Forms Class White, Yellow & Green Ages 6 & up		5:30 – 6:30 pm TKD Juniors White, Yellow & Green Ages 6 & up		6:00 – 7:30 pm Tournament Prep Class Black Belt Club Junior Team	12:30 – 1:30 pm TKD Adults All Belt Levels Ages 13 & up
6:30 – 7:30 pm Sparring Class Junior Team/BBC Ages 6 & up	6:30 – 7:30 pm TKD Adults All Belt Levels Ages 13 & up	6:30 – 7:30 pm TKD Juniors All Belt Levels Ages 6 to 17		6:30 – 7:30 pm Forms Class Blue, Red & Black Ages 6 to 17	6:30 – 7:30 pm TKD Adults All Belt Levels Ages 13 & up	6:30 – 7:30 pm TKD Juniors Blue, Red & Black Ages 6 to 17		6:30 – 7:30 pm TKD Adults All Belt Levels Ages 6 to 17	
7:30 – 9:00 pm Brazilian Jiu Jitsu All Levels Ages 13 & up				7:30 – 9:00 pm Brazilian Jiu Jitsu All Levels Ages 13 & up		7:30 – 8:30 pm Sword Class Ages 8 & up		7:30 – 9:00 pm Brazilian Jiu Jitsu All Levels Ages 13 & up	

For your convenience, most of the classes will be teaching Forms and Sparring.

Bring your sparring gear DAILY for now on!

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