

(Torrance Location)

Lima Taekwondo & Martial Arts Academy

1513 W. Sepulveda Blvd Suite A - Torrance, CA 90501 - Phone: 310.530.0777

www.LimaTaekwondo.com



SUN	MON	TUE	WED	THU	FRI	SAT
						Little Ninjas 9:30 am to 10:15 am (All Levels)
	Juniors 3:30 pm to 4:30 pm (All Levels)	Juniors 3:30 pm to 4:30 pm (All Levels)	Juniors 3:30 pm to 4:30 pm (All Levels)	Juniors 3:30 pm to 4:30 pm (All Levels)		Juniors 10:30 am to 11:30 am (All Levels)
	Juniors 4:30 pm to 5:30 pm (All Levels)	Little Ninjas 4:30 pm to 5:15 pm (All Levels)	Juniors Sparring 4:30 pm to 5:30 pm (Orange belt & up)	Little Ninjas 4:30 pm to 5:15 pm (All Levels)	Juniors 4:30 pm to 5:30 pm (All Levels)	Adults 11:30 am to 12:30 pm (All Levels)
	Juniors 5:30 pm to 6:30 pm (All Levels)	Juniors 5:30 pm to 6:30 pm (All Levels)	Juniors 5:30 pm to 6:30 pm (All Levels)	Juniors Sparring 5:30 pm to 6:30 pm (Orange belt & up)	Juniors 5:30 pm to 6:30 pm (All Levels)	Capoeira 12:30 pm to 2:00 pm (All Levels)
	Juniors Sparring 6:30 pm to 7:30 pm (Orange belt & up)	Juniors 6:30 pm to 7:30 pm (All Levels)	Juniors Forms 6:30 pm to 7:30 pm (Green & up)	Juniors 6:30 pm to 7:30 pm (All Levels)	Juniors 6:30 pm to 7:30 pm (All Levels)	
	Adults 6:30 pm to 7:30 pm (All Levels)	Adults 6:30 pm to 7:30 pm (All Levels)	Adults 6:30 pm to 7:30 pm (All Levels)	Adults 6:30 pm to 7:30 pm (All Levels)	Adults 6:30 pm to 7:30 pm (All Levels)	
	Brazilian Jiu Jitsu 7:30 pm to 8:30 pm (All Levels)	Capoeira 7:30 pm to 8:30 pm (All Levels)	Kickboxing 7:30 pm to 8:30 pm (All Levels)	Capoeira 7:30 pm to 8:30 pm (All Levels)	Brazilian Jiu Jitsu 7:30 pm to 8:30 pm (All Levels)	
	Kickboxing 7:30 pm to 8:30 pm (All Levels)					

Little Ninjas Classes - 3 to 5 years

Juniors Classes - 6 to 12 years

Adults Classes - 12 years & up