



# Lima Taekwondo & Martial Arts Academy

SUN	MON	TUE	WED	THU	FRI	SAT
		TKD Adults 9:00 am to 10:00 am (All Levels)		TKD Adults 9:00 am to 10:00 am (All Levels)		TKD Juniors 9:00 am to 10:00 am (All Levels)
						TKD Juniors Sparring 9:00 am to 10:00 am (Orange belt & up)
Capoeira 11:00 am to 12:30 pm (All Levels)		Brazilian Jiu Jitsu 10:30 am to 12:00 pm (All Levels)		Brazilian Jiu Jitsu 10:30 am to 12:00 pm (All Levels)	Brazilian Jiu Jitsu 10:30 am to 12:00 pm (All Levels)	TKD Little Ninjas 10:15 am to 11:00 am (All Levels)
Brazilian Jiu Jitsu 1:00 pm to 2:30 pm (All Levels)	TKD Juniors 3:30 pm to 4:30 pm (All Levels)	TKD Juniors 3:30 pm to 4:30 pm (All Levels)	TKD Juniors 3:30 pm to 4:30 pm (All Levels)	TKD Juniors 3:30 pm to 4:30 pm (All Levels)	TKD Juniors 3:30 pm to 4:30 pm (All Levels)	TKD Adults 11:00 am to 12:00 pm (All Levels)
	TKD Little Ninjas 4:30 pm to 5:15 pm (All Levels)	TKD Juniors 4:30 pm to 5:30 pm (All Levels)	TKD Little Ninjas 4:30 pm to 5:15 pm (All Levels)	TKD Juniors 4:30 pm to 5:30 pm (All Levels)	TKD Little Ninjas 4:30 pm to 5:15 pm (All Levels)	Brazilian Jiu Jitsu 12:00 pm to 2:00 pm (All Levels)
	TKD Juniors 5:30 pm to 6:30 pm (All Levels)		TKD Juniors 5:30 pm to 6:30 pm (All Levels)			
	TKD Juniors Sparring 5:30 pm to 6:30 pm (Orange belt & up)	TKD Juniors 5:30 pm to 6:30 pm (All Levels)	TKD Juniors Sparring 5:30 pm to 6:30 pm (Orange belt & up)	TKD Juniors 5:30 pm to 6:30 pm (All Levels)	TKD Juniors Forms 5:30 pm to 6:30 pm (Green belt & up)	
Reserved for Belt Tests & Special classes Dates will be posted	TKD Adults & Teens Sparring Drills 6:30 pm to 7:30 pm (All Levels)	TKD Adults 6:30 pm to 7:30 pm (All Levels)	TKD Adults & Teens Sparring Drills 6:30 pm to 7:30 pm (All Levels)	TKD Adults 6:30 pm to 7:30 pm (All Levels)	TKD Adults 6:30 pm to 7:30 pm (All Levels)	@ Torrance Location Advance & Competition Forms & Sparring 2:00 pm to 5:00 pm (Green Belt & up)
	TKD Adults 7:30 pm to 8:20 pm (All Levels)	Brazilian Jiu Jitsu 7:30 pm to 9:00 pm (All Levels)	TKD Adults 7:30 pm to 8:20 pm (All Levels)	Brazilian Jiu Jitsu 7:30 pm to 9:00 pm (All Levels)	Brazilian Jiu Jitsu 7:30 pm to 9:00 pm (All Levels)	
	Capoeira 8:30 pm to 10:00 pm (All Levels)		Capoeira 8:30 pm to 10:00 pm (All Levels)			

Little Ninjas Classes - 3 to 5 years

Juniors Classes - 6 to 12 years

Adults Classes - 12 years & up

(Culver City Location)

5903 Sepulveda Blvd Suite A – Culver City, CA 90230 – Phone: 310.391.4950

[www.LimaTaekwondo.com](http://www.LimaTaekwondo.com)