



Lima Taekwondo & Martial Arts Academy

SUN	MON	TUE	WED	THU	FRI	SAT
	BRAZILIAN JIU JITSU 10:30 Am to 12:00 pm (All Levels)		BRAZILIAN JIU JITSU 10:30 Am to 12:00 pm (All Levels)		BRAZILIAN JIU JITSU 10:30 Am to 12:00 pm (All Levels)	
	TKD Juniors 3:30 pm to 4:30 pm (All Levels)	TKD Juniors 3:30 pm to 4:30 pm (All Levels)	TKD Juniors 3:30 pm to 4:30 pm (All Levels)	TKD Juniors 3:30 pm to 4:30 pm (All Levels)	TKD Juniors 3:30 pm to 4:30 pm (All Levels)	KARATE 10:30 am to 12:30pm (All Levels)
	TKD Juniors 4:30 pm to 5:30 pm (All Levels)	TKD Little Ninjas 4:30 pm to 5:15 pm (All Levels)	TKD Juniors Sparring 4:30 pm to 5:30 pm (Orange belt & up)	TKD Little Ninjas 4:30 pm to 5:15 pm (All Levels)	TKD Little Ninjas 4:30 pm to 5:15 pm (All Levels)	
	TKD Juniors 5:30 pm to 6:30 pm (All Levels)	TKD Juniors 5:30 pm to 6:30 pm (All Levels)	TKD Juniors 5:30 pm to 6:30 pm (All Levels)	TKD Juniors Sparring 5:30 pm to 6:30 pm (Orange belt & up)	TKD Juniors 5:30 pm to 6:30 pm (All Levels)	CAPOEIRA 12:30 pm to 1:45 pm (Kids & Teens)
	TKD Adults 5:30 pm to 6:30 pm (All Levels)	KARATE 5:30 pm to 7:30pm (All Levels)	TKD Adults 5:30 pm to 6:30 pm (All Levels)	TKD Adults 5:30 pm to 6:30 pm (All Levels)	KARATE 5:30 pm to 7:30pm (All Levels)	
	TKD Juniors Sparring 6:30 pm to 7:30 pm (Orange belt & up)		TKD Juniors 6:30 pm to 7:30 pm (All Levels)	TKD Juniors 6:30 pm to 7:30 pm (All Levels)		
Reserved for Belt Tests & Special classes Dates will be posted	TKD Adults Sparring 6:30 pm to 7:30 pm (Orange belt & up)	TKD Adults 6:30 pm to 7:30 pm (All Levels)	TKD Adults 6:30 pm to 7:30 pm (All Levels)	TKD Adults 6:30 pm to 7:30 pm (All Levels)	TKD Adults 6:30 pm to 7:30 pm (All Levels)	TAEKWONDO Advance & Competition Forms & Sparring 2:00 pm to 5:00 pm (Green Belt & up)
	BRAZILIAN JIU JITSU 7:30 pm to 9:00 pm (All Levels)	CAPOEIRA 7:30 pm to 9:00 pm (All Levels)	BRAZILIAN JIU JITSU 7:30 pm to 9:00 pm (All Levels)	CAPOEIRA 7:30 pm to 9:00 pm (All Levels)	BRAZILIAN JIU JITSU 7:30 pm to 9:00 pm (All Levels)	

Little Ninjas Classes - 3 to 5 years

Juniors Classes - 6 to 12 years

Adults Classes - 12 years & up

(Torrance Location)
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