



(Culver City Location)

5903 Sepulveda Blvd Suite A – Culver City, CA 90230 – Phone: 310.391.4950

www.LimaTaekwondo.com

| SUN | MON | TUE | WED | THU | FRI | SAT |
|--|--|--|--|--|---|--|
| Reserved for Belt Tests & Special classes | Private Lessons Available by Appointment | Brazilian Jiu Jitsu (Co-Ed Adult/Teen) 10:30 am to 12:00 pm (All Levels) | Private Lessons Available by Appointment | Brazilian Jiu Jitsu (Co-Ed Adult/Teen) 10:30 am to 12:00 pm (All Levels) | Private Lessons Available by Appointment | WOMEN'S ONLY BJJ Fundamentals 9:00 am to 10:00 am (All Levels) |
| | TKD Juniors 3:30 pm to 4:25 pm (All Levels) | TKD Juniors 3:30 pm to 4:25 pm (All Levels) | TKD Juniors 3:30 pm to 4:25 pm (All Levels) | TKD Juniors 3:30 pm to 4:25 pm (All Levels) | TKD Juniors 3:30 pm to 4:25 pm (All Levels) | TKD Juniors 10:00 am to 10:55 am (All Levels) |
| | TKD Juniors & Teens Sparring Drills 4:30 pm to 5:25 pm (Orange & up) | TKD Little Ninjas 4:30 pm to 5:15 pm (All Levels) | TKD Juniors 4:30 pm to 5:25 pm (All Levels) | TKD Little Ninjas 4:30 pm to 5:15 pm (All Levels) KIDS JIU JITSU CO-ED 8-12 yrs 4:30 pm to 5:25 pm | TKD Juniors & Teens Sparring Drills 4:30 pm to 5:25 pm (Orange & up) | TKD Adults & Teens 11:00 am to 11:55 am (All Levels) |
| | TKD Juniors 5:30 pm to 6:25 pm (All Levels) | TKD Juniors 5:30 pm to 6:25 pm (All Levels) KIDS JIU JITSU CO-ED 8-12 yrs 5:30 pm to 6:25 pm | TKD Juniors 5:30 pm to 6:25 pm (All Levels) | WOMEN'S ONLY BJJ Fundamentals 5:30 pm to 6:30 pm (All Levels) | TKD Juniors 5:30 pm to 6:25 pm (All Levels) | Brazilian Jiu Jitsu (Co-Ed Adult/Teen) 12:00 pm to 1:30 pm (All Levels) |
| | TKD Adults & Teens 6:30 pm to 7:25 pm (All Levels) | TKD Adults & Teens 6:30 pm to 7:25 pm (All Levels) | TKD Adults & Teens 6:30 pm to 7:25 pm (All Levels) | TKD Adults & Teens 6:30 pm to 7:25 pm (All Levels) | TKD Adults & Teens 6:30 pm to 7:25 pm (All Levels) | @ Harbor City Advanced & Competition Forms Kicking Drills 2:00 pm to 5:00 pm (Red Belt & up) |
| | TKD Adults & Teens Sparring Drills 7:30 pm to 8:25 pm (Orange & up) | Brazilian Jiu Jitsu (Co-Ed Adult/Teen) 7:30 pm to 9:00 pm (All Levels) | TKD Adults & Teens Sparring Drills 7:30 pm to 8:25 pm (Orange & up) WOMEN'S ONLY BJJ Fundamentals 7:30 pm to 8:30 pm (All Levels) | Brazilian Jiu Jitsu (Co-Ed Adult/Teen) 7:30 pm to 9:00 pm (All Levels) | Brazilian Jiu Jitsu (Co-Ed Adult/Teen) Open Mat 7:30 pm to 9:00 pm (All Levels) | |

Little Ninjas Classes - 3 to 5 years
Instagram: @Lima_martial_arts

Juniors Classes - 6 to 12 years
Instagram: @Women_JiuJitsu

Teen/Adults Classes - 12 years & up
Instagram: @JiuJitsu_lima_academy